



## Zapper Care & Usage

### Instructions

The Basic and Golden Zapper require a 9 volt battery. You can get them at most retail stores. The red light flashes when the zapper is operating properly. If the LED stops it needs a new battery. The zapper pulls apart, no tools needed. You can test the zapper's output by placing both copper contacts, at the same time, against your moistened lips. You will feel the current. If not, it needs a new battery or it's in need of repair. You won't feel the current on dry, thicker skin.

The Basic and Golden Zapper are designed to be conveniently worn against the skin-under clothing, mainly. Women often put it under a bra's vertical strap; men often put it in a sock at the ankle. Many wear it on a shoulder while sitting or driving. Some drop it into the shirt to wear at the waist, where the shirt is tucked in. You can also wear it in an elastic tennis wrist sweatband. We advise against using an Ace Bandage because you need to be able to easily and quickly move it to another location if it starts to tingle.

The zapper may start to tingle after a few minutes when you're acidic and if you don't move it, you may get a small, cauterized hole in the skin where the disc (emitter) closer to the switch is. In that case, the acid in the bloodstream has evidently collected under the other (ground) disc, creating slightly more amperage through the skin from the first disc. Moving the zapper keeps that acid moving.

All the bad bacteria in the body are evidently killed within the first few minutes. Zappers seem to encourage the growth of good bacteria. Viruses that are free in the blood and other fluids are also killed quickly but to entirely rid the body of a virus one needs to zap at least three weeks, since viruses hide inside cells and are only exposed to the electric current from a zapper when they emerge to replicate in the blood and other fluids. Three weeks is the life cycle of any virus. Fungi may take days, weeks, or months to eradicate since they often exist in layers. Worms in the organs seem to be destroyed the first day but worms in the intestines may take up to a week of constant zapping to be rid of.

The only place on the body where you will never get stung while acidic are the palms and soles. Many people like to hold the zapper in their palms during sleep and it's easy to keep holding it through the night because the energy feels good. Zapping at night is a nice boost for the body's restorative/repair functions, too. A body will not become dependent on zapping.

I suggest that the way to get the most out of any battery-powered zapper is to wear it more or less continuously for the first month or so, then wear it each night. The health benefits of zapping will reveal themselves over a period of years, though you may find the results in the first few days to be most astonishing, assuming that you're fairly body-aware. Otherwise, I think it's a good idea to immediately put the zapper on when even the slightest sickness symptom begins. The sooner you'll zap, the sooner the symptom is likely to disappear. The longer a symptom occurs, the more damage is being done to the body and damage requires some time to repair.

This is the smallest convenient zapper on the market and it easily fits in a pocket with your change so there's no reason not to keep it on hand.

The more you use the zapper, the sooner you'll likely become properly alkaline. It's perfectly safe to wear it around the clock and it's absolutely impossible to harm yourself with any battery-powered zapper; the current (five millionths of an amp in the body), is just too weak to do harm, though it's strong enough to disintegrate all the parasites. Pregnant women and people with pacemakers can use any zapper safely, also newborns and extremely sick people.

**VERY IMPORTANT:** Be sure to change the 9v battery by pushing the battery clip off from the side with your thumb. If you rather pull the battery clip off by grasping the wires you're going to break one of the wires eventually. Unlike most battery-powered devices, the battery in a zapper is changed frequently so you really need to be mindful not to break a wire. A good alkaline battery lasts a couple of weeks with constant zapping.